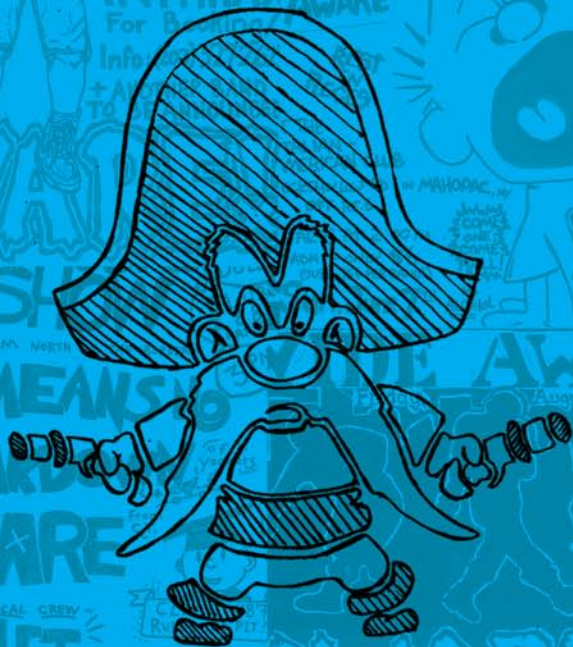


AWARE!

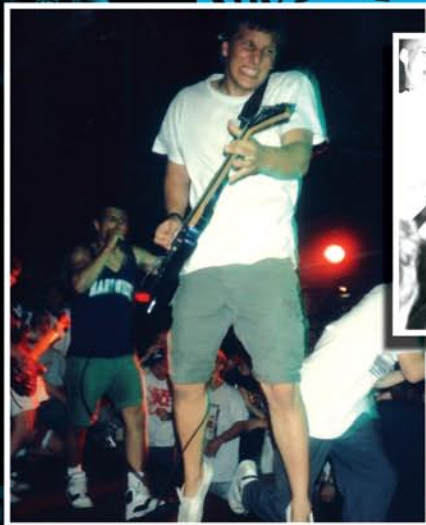


BACK OFF

AWARE!

STOP AND THINK! COMPLETE DISCOGRAPHY





DAY BY DAY

Don't live your life worrying about what you did in the past
And with the future you'll cross that bridge when it comes
One foot in the future and one foot in the past,
All you're gonna do is piss on today
You can't expect to accomplish everything at once
Since you're only human, you'll make mistakes
Life is a process of taking things day by day
So live your life day by day
Time is precious, it's always slipping away
Try to make the most of what you got
Time is precious, it's always slipping away
Try to live your life day by day
The future will come, just let it
Make the most of what you got
The future will come, just let it
Live your life day by day

MAKE IT WORK

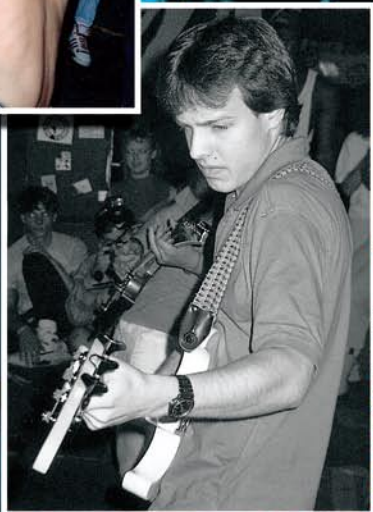
Try and try and try
Give all you got
Throw down your all to get nothing back
Let down, frustration
Wanting to quit
But you don't and you just push on
With a hope and your head held high
Trying to make a dream come true
But all you get is resistance
Trying to make it all work out
But all you feel is frustration
Finally it happens
All your hard work pays off
Then you get some satisfaction
And you know it was all worth it
Now you're on the way back
Out of the red and into the black
Now you've got your chance
Now is your chance to make it work

COLD CRUEL WORLD

When I went looking for knowledge
Ignorance was all I found
When I went looking for friendship
Callousness was all around
I just wanted a smile
That would have made me content
But instead of a smile
I just got looks of contempt
What I sought was not what I received
I looked for the truth but I was deceived
But there's some knowledge I did gain
It can be a cold cruel world full of hate and pain

STEP

Starting off a new slate
Wiped the old one clean
It had got so dirty with the white chalk
I think you know just what I mean
I knew that something was missing
Life became less sweet
Had been traveling up and down the same road,
Wearing holes right through to my feet
Part of my life has ended
And those days are in the past
But another part has started
And the future is arriving fast
The end is not the end,
But just a new beginning
A new piece of clay or a canvas
In which you can mold your life
When you look back you should not just feel sadness
Think of the future and what may lie ahead
I needed a change to help me broaden my life scope
See what the world could offer and learn the tools to cope
During the times before I made some mistakes... step
But like a sturdy oak tree I'll bend but never break
The doors that you unlocked, they all lay wide open... step
Put the past in it's place
You must learn to take a step



WARRIORS OF ISLAM

Western culture you call the great sultan
American resembles Babylon or Rome
You say we're so run of decadence and sin
Slowly eroding your culture from within
So now you're at war with the west and yourself
Willing to die as a martyr to defeat your foes
Christians and Muslims fighting and fighting and fighting
Islam is a tree that grows
All around the globe you reek havoc for your soul
Holy wars declared with so much tension in the air
The fighting all must cease if we're to find a road to peace
But until that time people fight and people die
What is this all for?
I don't understand, understand, understand
Why must someone always have the upperhand, upperhand,
Upperhand, upperhand?

BROKEN GLASS

Looking out through hollow eyes,
You sit there and refuse to see,
That you're living in your own world
You're out of touch with reality
I hope that you wake up
And by then it's not too late
Open up your narrow mind,
Cause you're glass is gonna break
You're living in your own world
Trapped yourself inside your head
Never trying to break free
Never know what you could be
Open up your narrow mind
See that you've made a mistake
If you don't you will find
That your glass is gonna break

NUMBER SEVEN

The old masters were never wrong
About suffering in this world
They portray it in their painting and their sculpture
Then display it for the world to see
The suffering that goes on, goes on and on
And no one ever, ever seems to even care
See people hurt everyday
How many times do we stop to help?
Homeless ask us but we don't care
And we go walking calmly by
We go on with our lives
With no regard to those in pain
If we can't help people in our world
Could our lives just be in vain?

NEVER AGAIN

Used to live my life through deception and lies
Would abuse my body and not use my mind
Never again will I go back to that state
Never again, I'll never go back
I can look back and see through my eyes
I led a life I've grown to despise
Now I won't live a life on those terms
Never again, I'll never go back
Never again, never again, never again!
I won't go back!
Never again, never again, never go back!
I won't go!
Must go forward cause I can't go back
I need to go on, I need to attack
Won't let my life fall in that place
Never again, I'll never go back
Since I can take a look into my past
It helps me make a future that will last
Something that will make my life worth living,
With a lot of sharing and a lot of giving
I won't go back!



ANGER AND RAGE

Some people say to forget and forgive
Well I find that is a hard way to live
When I feel wronged I know I must act
Sometimes I lash out a vicious attack
Now feel my anger
Now feel my rage
Thundering fists busting out of a cage
When I am done, when I am free,
I'll do to you what you've done to me
Think you're tough, you talk your shit
Well I really think that you're full of it
In my face you've always spit,
Now I'll see you in the pit

BACK OFF

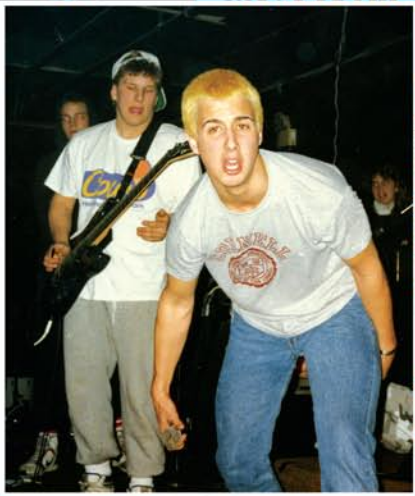
Always breathing down my neck,
never giving me a moments peace.
You're always fucking on my dick,
so why don't you just cut the shit
and BACK OFF!
BACK OFF!
BACK OFF!
BACK OFF!
I might not do just what you want,
but what I do I'll do my best.
So just get the fuck off my back
and just give it a fucking rest
and BACK OFF!
BACK OFF!
BACK OFF!
BACK OFF FUCKER!

NO ESCAPE

Running away never helps anything
it just makes things worse
Cause' for somethings there is no escape
and that really hurts
Everyones' got problems
but that's something that we face
Everyones' got a conscious,
and there is no escape
THERE'S NO ESCAPE!
THERE'S NO ESCAPE
THERE'S NO ESCAPE!
NO ESCAPE FROM YOURSELF!
Run away all you want,
you can never hide
Cause there is no escape
from your own fuckin' mind
Face your problems head on
and make them go your way
Everyones' got a conscious,
and there is no escape

DIFFERENT BEAT

Your goals aren't right for me
They are just too hollow
You can do all that you want
But I will not follow
I march to a different beat
And my drummer's taking me down a different street
You're too cosmetic, not under the skin
Direction you're heading, you'll never win
Maybe cause my vision's clear and now I can see
That your puny short term goals
They just aren't right for me
I'm in it for the long run
I want to go that extra mile
Your goals are too short sighted
I'm going to be here for a while



LONG WAY TO GO

You hit rock bottom, you hit so hard,
I thought that you'd never get up
I thought you lost all faith in yourself
and that you had stopped trying
But now it seems that you proved me wrong,
cause now you're getting in shape
You don't know how proud I am
but you still have a long way...
Long Way To Go!
Never stop trying,
Never start lying,
Don't ever lose faith
My brother, learn to be strong
I will always be here for you

SKINNY AL

Me and Al were the best of friends
We still are but he moved away
Had to go to a school in the Philly scene,
but he's here and here to stay
Skinny Al, He's your pal,
tall and thin, Ethiopian
Skinny Al, He's your pal
We kid him a lot about the way he skates,
knees together but still he's great
Thinks the Bitch is the best ramp around,
but he lives in Pottstown now

LOVE IT OR LEAVE IT

Home of the brave, Land of the free,
and that's what's the U.S.A. means to me
It might not be great but it's all we have,
and the way I see it, it's not too bad
Some people might say that our system sucks,
but tell me a place with freedom like us
Constructive criticism, sure that's okay,
but saying we suck, NO WAY!
LOVE IT OR LEAVE IT!
what you can do
LOVE IT OR LEAVE IT!
all up to you

I CAN DO IT

I can do it, Just let me try
Just back the fuck off, don't ask me why
Just give me this chance and I'll show what
I can do
I can do what you don't expect me to do
So give me this chance and I'll make it work
I'm not fucked up and I'm not a jerk
So why don't you listen to what I've got to say
I can do it my minds made up today
In a world all filled with lies
it's so easy just to close your eyes
But not us we will stand tall
to support our brothers one and all

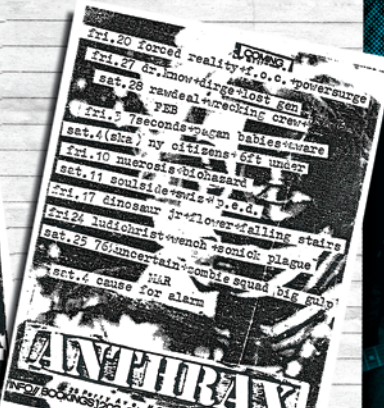


TOGETHER

We must stick together
 In order to keep peace
 A world in peace together
 Together is how we should be
 If the people can join in unity
 We can be together, you and me
 Together - the way it should be
 Together - yeah, you and me
 Together - can't you fucking see
 Together - the way it should be
 See the trees, the way they keep alive
 Growing together is how they survive
 One by one in harmony, yeah
 We can be together, you and me
 Together - the way it should be
 Together - yeah, you and me
 Together - can't you fucking see
 Together - the way it should be

CHANGE

You dragged me around like a dog on a chain
 Why didn't I ever use my brain
 At first you looked so good to me
 Now you don't even appeal to me
 You fucking bitch
 You're so lame
 You blinded me
 Now I'm ashamed
 I still think about you from time to time
 Sometimes when I do this tears come to my eyes
 You were such a good friend and now it's all gone
 Who knows who was right
 Who knows who was wrong
 Why did you have to change?
 Did you get bored?
 My values stayed the same
 Why didn't yours?





Dear AWARE! Fans,

It's a remarkable experience to see and hear a compilation of the fun we had twenty years since our last show. That last show was on August 17th, 1990 at the Anthrax in Norwalk, CT. We look back and feel honored to have been a part of a movement that brought energy and friendships to us and so many others.

We started in 1986 with a drum machine in a basement and we played our first show January 2nd, 1987 in our home town of Danbury, Connecticut. That was the first and I think last show our parents came to watch. We will never forget the snow and ice storm that night or the clean up the next morning. We were clueless as to what the journey ahead had in store for Aware, the Norwalk Anthrax, and the Connecticut Hardcore scene. It was truly an amazing time in our lives. We're proud to have written and played some music that we thought was different and people came to hear. Some of you know the indescribable energy that was created between you and the band. Thank you for making that possible.

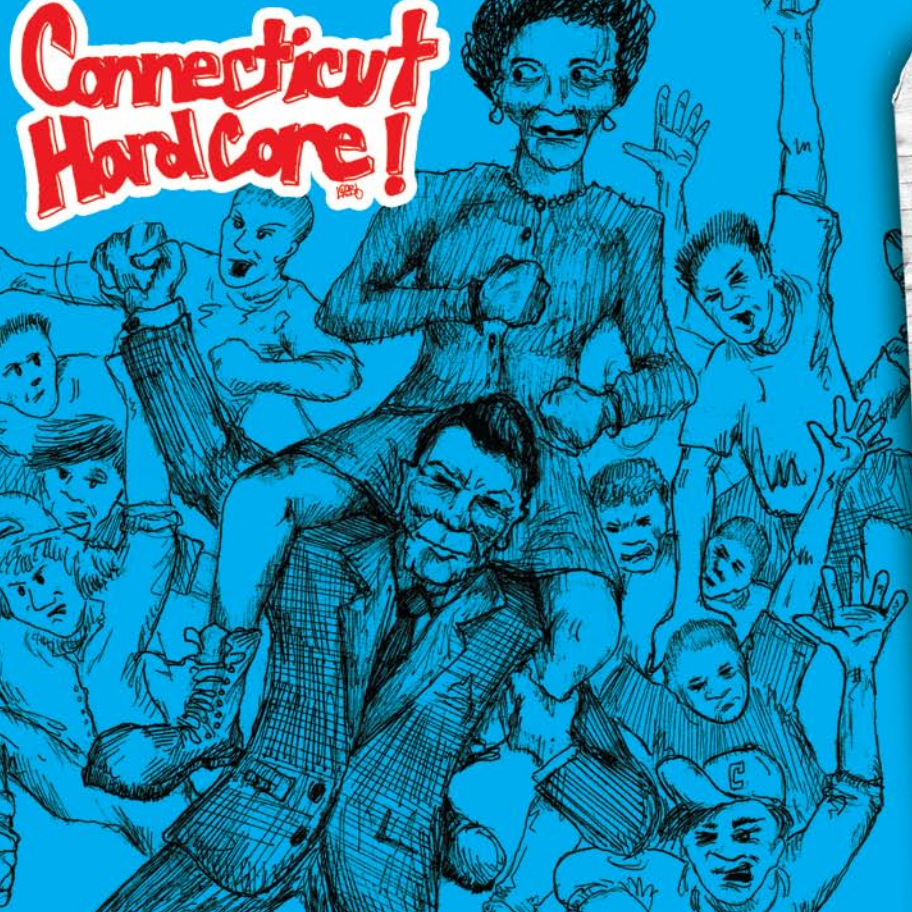
It was an honor to share the stage with Dag Nasty, Youth of Today, Verbal Assault, Up Front, Token Entry, Wide Awake, 7 Seconds and ton of other awesome bands. And it was cool to drive to Albany, New York where we knew no one and play a show to an audience that shared so many of the passions and values that we did. Playing CBGB's in NYC, Lupos in Rhode Island, and the Anthrax in Norwalk Connecticut are memories we will take with us for the rest of our lives. We made some great friends along the way... You know who you are and we're grateful for it!

Appreciatively,

Sean Marcus and Mike Feinson



Connecticut Hard Core!



Tracks 1-12 "New Lease On Life" LP 1989 - Iron Face Records.
Engineered by Richard Robinson at Trod Nossel Recording Studios, Wallingford, CT.

Produced by Jeff Roberts

Sean Marcus - Vocals, Nicholas Lamberto - Guitar, Mike Feinson - Bass, Mike Eddy - Drums

Tracks 13-18 s/t 7" 1987 - Double Trouble Records.

Recorded 10/11/87 at The Anthrax, Norwalk, CT. Recorded and Engineered by Jeff Roberts
Sean Marcus - Vocals, Nicholas Lamberto - Guitar, Mike Eddy - Guitar, Mike Feinson - Bass,
John Murray - Drums

Tracks 19-26 Cassette Demo 5/24/87 - Think Records.

Recorded at The Anthrax, Norwalk, CT. Recorded and Engineered by Jeff Roberts. Track 26
was a bonus track included on only a handful of random demo cassettes.
Sean Marcus - Vocals, Nicholas Lamberto - Guitar, Mike Eddy - Guitar, Mike Feinson - Bass,
Trenton Sicola - Drums

River Street Studio Sessions, New Haven, CT

Tracks 27-31 recorded 6/29/88 mixed 7/12/88

Tracks 32-37 recorded 12/27/88 mixed 12/28/88

Sean Marcus - Vocals, Nicholas Lamberto - Guitar, Mike Feinson - Bass, Mike Eddy - Drums

Tracks 38 and 39 Recorded Live @ The Anthrax, Norwalk, CT 1/9/88

Born To Be Wild originally by Steppenwolf, For Your Love originally by The Yardbirds
Sean Marcus - Vocals, Nicholas Lamberto - Guitar, Mike Feinson - Bass, Mike Eddy - Drums

All of these recordings were analog and some of the original reels unfortunately did not
hold up very well over the years... the songs have been converted and mastered to the
best of our abilities... some tape hiss was unavoidable.

Design/Layout by: Ronny Solano - rempireinc.com

Photos by: Tim Wheeler, Dave Rabenold, Eric Beetner

Reagan drawing by Aaron Lieberman

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39 FOR YOUR LOVE (LIVE)

AWARE!

STOP AND THINK! COMPLETE DISCOGRAPHY

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Smor 30